



Health And Well-Being Matters

Come along and have family fun

Everythings FREE

Info will be shared on health topics

Complementary therapies such as Aromatherapy

Free samples and demonstrations of how to prepare foods healthly

Living a healthy lifestyle this is where it "STARTS"



Have a health M.O.T check

Will you pass?



THURSDAY 22nd MAY 2008 1PM-5PM
CAP-CENTRE, WINDMILL LANE, SMETHWICK B66 3LX

