

# London to Paris Cycle Ride

3 – 7 June 2009

Have you ever wanted to do an exhilarating challenge for charity? Here is your chance, CARES is looking for adventurous volunteers to cycle from London to Paris connecting two of the worlds most chic cities on one of the best cycling routes in Europe. Cycling through beautiful English villages and into stunning rural France, you'll pass historical landmarks and famous battlefields from World War I, until you reach Paris – undoubtedly one of the most magical places on earth. The sense of achievement you'll experience will be one you'll treasure forever.

**If you are interested in supporting your local Carers Charity, and would like an information pack, please contact:  
Geoff Foster at CARES on 0121 558 7003**

**CARES - 2 Bearwood Road, Smethwick, West Midlands B66 4HH  
Registered Charity No.: 519489**

**cares**  
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