

Baked onions

Serves 2



Ingredients

- 4 large onions, peeled
- 250g/9oz passata/chopped canned tomatoes
- 1 tablespoon honey
- 2 teaspoons paprika
- 3 garlic cloves, crushed
- 2 teaspoons mixed herbs

Method

1. Cut onions into quarters and place, in a baking dish.
2. Mix remaining ingredients in a bowl.
3. Pour over the onions and bake at 350°F/180°C/gas mark 4 for 1 hour or until tender.