

Carrot Salad

Serves 2-4



Ingredients

4 carrots, peeled and grated
1 apple peeled, cored and grated
1 small red onion, sliced thinly
1 handful raisins
1 red or yellow pepper sliced thinly
1-2 cloves of garlic, peeled and chopped finely
½ teaspoon mixed herbs
½ teaspoon Cajun spice
Juice of half a lemon
Pepper to taste

Method

1. In a bowl, combine all the ingredients together.
2. When mixed thoroughly chill in the fridge.
3. Taste and serve.