

Herby tomato & courgette bake

Serves 2



Ingredients

450g/1lb tomatoes
1oz/25g mature cheddar cheese
2 medium courgettes sliced into ¼ inch thick slices
2 cloves garlic, finely chopped/crushed
2 teaspoons vegetable oil
2 heaped teaspoons mixed herbs/oregano
2 teaspoons vinegar
1 teaspoon sugar
sprinkle of pepper

Method

1. Preheat oven to 180°C/350°F/Gas mark 4.
2. Put all the ingredients in to a bowl (except the cheese) and mix together until the tomatoes and courgettes are coated thoroughly.
3. Transfer to a roasting tray or ovenproof dish and bake for 25 minutes or until the vegetables are soft and browned.