



Creative Therapy Service

Welcome to Murray Hall Community Trust's Creative Therapy Service (CTS). CTS offers free Art Therapy and Dramatherapy Groups for emotionally vulnerable children and young people in Sandwell aged 5-25.

Creative Therapy aids personal growth and development in a safe confidential environment. There are opportunities within therapy to communicate in verbal and nonverbal ways such as physical and visual expression.

This process can have a positive impact on behaviour, achievements, social awareness and communication skills.

Our therapists can work with many conditions including:

- eating disorders
- trauma
- addiction
- mental health conditions
- learning disabilities
- behavioural and social disorders
- autism spectrum disorders
- anger
- anxiety
- depression
- abuse

If this is something that could be of help to the young people you work with please contact CTS to see what we can offer.

Contact Points:

leonard@greatbridge.org.uk

rakesh@murrayhall.co.uk